

## Stand Up Paddling - Onsite - Thames Young Mariners

HAZARD		WHO MIGHT BE HARMED	RISK CONTROL MEASURES
General (see also site-specific general hazards)	All hazards	All Participants and Staff	British Canoe AB qualified Instructors / coach to ensure safe supervision of participants. All participants to be briefed clearly throughout session. Staff must follow operational procedures of activity sessions. See 'general' risk assessment for S.O.L.D.
Human	Capsize, step off or fall in.	All Participants and Staff	All participants must wear buoyancy aids. When near the edge, shallows or other water users, participants to lower onto their knees. (SOLD staff to brief about this before going onto the water)
Human	Hit by paddle	All Participants and Staff	Participants briefed prior to the session and made aware of potential hazard. Advised to space out more than 1 boards length.
Human	Fal off/capsize recovery	All Participants and Staff	BC qualified instructor / coach and participants help each other.
Human	Drowning capsize, falling off the board, falling in from bank	All Participants and Staff	Participants must wear buoyancy aids. Staff to brief and supervise safe selection including size and condition, use, entering and exiting craft and the water. Staff trained in CST/FSRT/PSRC rescue techniques. Groups to remain in proximity and line of sight and hearing distance of the instructor. Participants briefed in a capsize drill and to shout swimmer/raise the alarm to the instructor
Human	Injury to upper body from deep water rescue	All Participants and Staff	Slide person onto board taking care of upper body. Use a rope or sling as a step-up device. Paddle to shallow area.
Human	Carrying and lifting	All Participants and Staff	Instructor/ coach to ensure boards are carried in pairs and groups shares work moving bigger boards.

Environmental	Injury from branches or bridges	All Participants and Staff	Supervision of group. Instructor will keep group away from hazards like branches or low obstacles.
Environmental	Weirs	All Participants and Staff	Assessment of area. Set group a safe path around [NOT OVER] Wier and where required due to other factors E.g. whether SOLD staff may ask group to lower to knees. BC qualified Instructors / coach to implement LOME (Location of Maximum Effectiveness). Staff member to place themselves between hazard and group if required. No running of weirs, portage if needed
Environmental	Injury caused by underwater obstacle	All Participants and Staff	Supervision of group. Instructor to be aware of depth and obstacles, operate in designated safe zones. Group are taught safe method of entry into water after stepping off to minimise depth of entry.
Equipment	Entrapment and entanglement	All Participants and Staff	Participants to be taught correct rope and leash practices and techniques. Supervised by instructor / coach. Waist leash if operating offsite/not on TYM lake. Any equipment carried on the board should be appropriately tied down with no long loose trailing lines or loops. Bungee maintained in good condition. Staff to carry easily accessible water knife.
Equipment	Collision with other vessels	All Participants and Staff	S.O.L.D staff appropriately trained to deal with situation.
Equipment	Lock gates closing on a board (Entrance to TYM lake)	All Participants and Staff	All participants are under the supervision of qualified instructors/coach who are all aware of the dangers involved.