

Adventure Walk – Henley Fort – High Ashurst – Thames Young Mariners

Activity	Hazard type	Who may be harmed	Is the risk adequately controlled
General (see also site -specific general hazards)	All hazards	All Participants and instructors	Surrey Outdoor Learning and Development (S.O.L.D) Instructors appropriately trained. Staff maintain good group control. Staff must follow operational procedures of activity sessions. First aid kit carried with instructor. Ensure participants with asthma or any allergic reactions are known, any appropriate medication is carried. All participants to be briefed clearly on task and how to safely achieve the aim. Each task is individually risk assessed prior to commencement of activity. Examples as below. See 'general' risk assessment for S.O.L.D. centre.
Human	Falling/slipping	All Participants and instructors	Safety brief before each task. No running during the walk. Staff to check activity areas prior to group entering area and remove any tripping / slipping hazards present.
Human	Crossing low level rope spans	All Participants	'Spotting' techniques used. Safety brief given and participants monitored throughout session.
Human	Trapped fingers whilst moving planks. E.G. Yoghurt / Acid swamp	All Participants	Brief groups of potential danger. Instructor to carefully monitor.
Human	Splinters whilst handling planks	All Participants	S.O.L.D. staff to check planks prior to session. Brief given to participants.

Activity	Hazard type	Who may be harmed	Is the risk adequately controlled
Human	Lifting - E.G. Over, Under or Through / Stretcher Carry	All Participants and instructors	Brief groups on safe lifting & lowering techniques, ensure one nominated for head and neck. Participant must lie on back whilst being lifted. Dynamic instructing and spotting.
Human	Dropping participant whilst on stretcher carry	All Participants	S.O.L.D. staff to monitor the progress and activity ensuring the stretcher is safe. Participant must lie on back whilst on stretcher.
Environment	Potholes/Tree roots	All Participants and instructors	Ensure group are aware of the area and terrain they are cycling on, and what to look out for whilst cycling. Reinforce fact that the exercise is not a race. i.e.: we cycle at the slowest person's pace!
Environment	Face eye and body injuries from vegetation	All Participants and instructors	Group briefed prior to activity. Warn participants about branches & stems hazards. Ensure participants with any allergic reactions are known and appropriate medication is carried.
Environment	Collision with objects while blind folded	All participants	Ensure sighted participants within the group. Closely supervise the group.
Equipment	Injury from tent poles	All Participants and instructors	S.O.L.D. staff to supervise and maintain control giving clear instructions and making aware of hazards.
Equipment	Injury from water rocket launch	All Participants and instructors	S.O.L.D. staff to ensure that rocket is launched facing away from group. Staff to ensure that rocket is properly mounted prior to launch.
Equipment	Equipment failure	All Participants	Equipment maintained and checked prior to each usage by appropriately trained S.O.L.D staff

